



## Newsletter | Digital Community Toolkit

Dear community leader,

We encourage you to share the following important updates in your community paper or newsletter.

**The Claims Period for the Federal Indian Hospitals Settlement is now open. Class Members have until July 27, 2028, to submit a Claim.**

Compensation is available for those experienced including physical, verbal, psychological and/or sexual abuse while admitted to one of the [33 Federal Indian Hospitals](#) listed in [Schedule D](#) during the time it was operated by the Government of Canada. The Settlement does not provide compensation for medical malpractice or claims connected to medical treatment.

Compensation ranges from \$10,000 to \$200,000 depending on the level of harm experienced.

### Five ways to submit a Claim

#### Online Claims Portal

Claims can be submitted through the online Claims Portal at [www.IHSettlement.ca/Claims](http://www.IHSettlement.ca/Claims). All information can be completed online, and you can check the status of your Claim at any time by calling the Info Line at 1-888-592-91012 and pressing 1.

#### Electronic Claim Form

The electronic version of the Claim Form can be completed on a computer, tablet or mobile phone and sent by email. To do so:

- Download the Claim Form from [www.IHSettlement.ca/Claims](http://www.IHSettlement.ca/Claims)
- Complete the Claim Form electronically
- Send the completed Claim Form and scans of required documents by email to the Claims Administrator at [Claims@Admin.IHSettlement.ca](mailto:Claims@Admin.IHSettlement.ca)

#### Paper Claim Form

You can fill in a paper copy of the Claim Form by hand by:

- Downloading the Claim Form from [www.IHSettlement.ca/Claims](http://www.IHSettlement.ca/Claims)
- Printing the Claim Form (or requesting that a paper Claim Form be mailed to you by calling the Info Line at 1-888-592-9101)
- Once completed, you can send the paper Claim Form in one of the following ways:
  - Scan the completed Claim Form and required documents and send it by email to the Claims Administrator at [Claims@Admin.IHSettlement.ca](mailto:Claims@Admin.IHSettlement.ca).



- Fax the completed Claim Form to 416-966-5701.
- Mail the completed Claim Form to:  
FIH Claims Administrator  
P.O. Box 5493 STN MAIN  
Newmarket, ON L3Y 0J4

There is also a [Claim Form Guide](#) available with detailed information about how to complete each section of the Claim Form available at [www.IHSettlement.ca](http://www.IHSettlement.ca).

### Free resources and support

Free resources and support are available at [www.IHSettlement.ca](http://www.IHSettlement.ca), including Claims Helpers who can help you fill out a Claim Form. Call the Info Line at 1-888-592-9101 and press 2 to speak to a Claims Helper. Claims Helpers can also connect you to other free resources like the Claims Administrator and Class Counsel.

Claimants do not need to hire a lawyer to complete a Claim. However, some may choose to hire a lawyer to assist them. If a Claimant receives compensation, the lawyer who assisted them can request their legal fees be paid by the Government of Canada. This payment does not reduce the amount of compensation a Claimant receives. Learn more about hiring a lawyer at [www.IHSettlement.ca/Resources/Hire-Lawyer](http://www.IHSettlement.ca/Resources/Hire-Lawyer).

There are also free webinars on a variety of topics, including an overview of the Settlement, free supports and resources, the Claims Process and completing a Claim. Visit the official Settlement website regularly for upcoming sessions and past recordings.

Class Members can connect with us and stay updated on the Settlement by following us on

- Facebook [@IHSettlement](#)
- Instagram [@IHSettlement](#)

### Mental health and wellness

Mental health and wellness support is available anytime at the Hope for Wellness Helpline. Call 1-855-242-3310 or visit [www.HopeForWellness.ca](http://www.HopeForWellness.ca). Services are free, confidential and available in English, French, Cree, Ojibway and Inuktitut upon request.